

PLANNING COURS COLLECTIFS VESOUL

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
10H00/10H45 CAF	10H00/11H00 LesMILLS BODYBALANCE	10H00/10H45 10H45/11H15 ZUMBA LesMILLS CFITNESS CXWORX	10H00/11H00 LesMILLS BODYBALANCE	10H00/11H00 LesMILLS BODYPUMP	10H15/11H15 LesMILLS BODYPUMP
12H15/13H00 LesMILLS BODYATTACK	12H15/13H00 Semaine Paire / Impaire LesMILLS BODYBALANCE CAF	12H15/13H00 LesMILLS BODYPUMP	12H15/13H00 LesMILLS RPM	12H15/13H00 ZUMBA CFITNESS	11H15/12H00 CAF
15H00/16H00 LesMILLS BODYPUMP	15H00/15H45 LesMILLS RPM				OUVERTURE 7J/7 6H00 - 23H00
17H15/18H00 ZUMBA CFITNESS	17H00/18H00 LesMILLS BODYSTEP	17H00/17H45 STEP			ACCUEIL
18H00/18H45 CAF	18H00/18H30 LesMILLS CXWORX	17H45/18H30 CAF	17H45/18H30 LesMILLS BODYSTEP	17H45/18H30 STEP	LUNDI / VENDREDI 10H00 - 13H00 16H00 - 20H00
18H45/19H30 18H45/19H30 LesMILLS LesMILLS RPM BODYCOMBAT	18H30/19H30 LesMILLS BODYPUMP	18H30/19H15 ZUMBA CFITNESS	18H45/19H30 18H45/19H30 LesMILLS LesMILLS RPM BODYPUMP	18H30/19H00 CAF	SAMEDI 10H00 - 13H00
19H45/20H30 LesMILLS RPM	19H30/20H15 LesMILLS BODYJAM	19H15/20H15 LesMILLS BODYATTACK	19H45/20H30 LesMILLS BODYBALANCE	19H00/20H00 MOVE BODY	☎ 03.84.96.92.66



Les cours sont assurés à partir de 5 personnes.



Tout votre club dans votre poche !
Télécharger l'application **LIKE FITNESS VESOUL**

