



# PLANNING DES COURS COLLECTIFS

LUNDI MARDI MERCREDI JEUDI VENDREDI

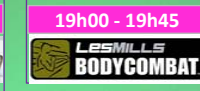
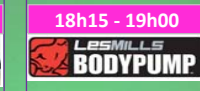
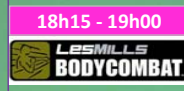
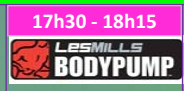
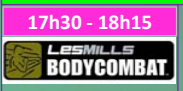
10h30  
11h15



12h30  
13h15



S  
O  
I  
R  
É  
E



**ZUMBA**  
FITNESS IS  
HERE!

**HORAIRE D'OUVERTURE : ACCUEIL**  
Lundi au vendredi de 10h à 21h

25 rue des combattants en AFN  
03000 MOULINS  
Tél : 04 70 34 42 14

**HORAIRE COURS COLLECTIFS**  
Lundi au vendredi de 10h30 à 20h30

Site : [www.defitslady.fr](http://www.defitslady.fr)

**HORAIRE ESPACE CARDIO**  
Accès libres Lundi au dimanche 7j / 7j  
De 6h00 à 23h00



# PLANNING DES COURS COLLECTIFS

LUNDI MARDI MERCREDI JEUDI VENDREDI

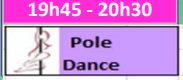
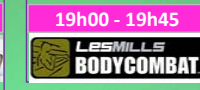
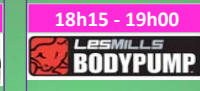
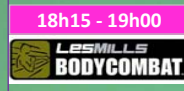
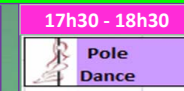
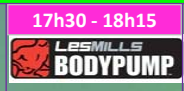
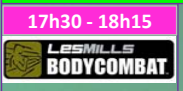
10h30  
11h15



12h30  
13h15



S  
O  
I  
R  
É  
E



**ZUMBA**  
FITNESS IS  
HERE!

**HORAIRE D'OUVERTURE : ACCUEIL**  
Lundi au vendredi de 10h à 21h

25 rue des combattants en AFN  
03000 MOULINS  
Tél : 04 70 34 42 14

**HORAIRE COURS COLLECTIFS**  
Lundi au vendredi de 10h30 à 20h30

Site : [www.defitslady.fr](http://www.defitslady.fr)

**HORAIRE ESPACE CARDIO**  
Accès libres Lundi au dimanche 7j / 7j  
De 6h00 à 23h00

